



# **The Bach<sup>®</sup> Flower Remedies**

***Are you stressed? Do you feel overwhelmed?  
Do you lack energy?***

*Elaine B. Burke, Speaker, Life Coach, Author and Bach Flower Remedy Practitioner, will guide you in finding the relief to these everyday negative states. Discovered almost 70 years ago by Dr. Edward Bach, the Bach Flower Remedies gently help balance negative states of mind. They naturally relieve emotional factors that impede physical healing.*

**Friday – September 10th, 2010**

**7:00 p.m.**

**DeSoto Hilton  
15 E Liberty Street  
Savannah, GA 31401**



***Sponsored by Brighter Day Natural Foods***

*Come learn about:*

- *Dr. Bach's pioneer philosophy on healing.*
- *About Rescue Remedy, Dr. Bach's famous stress relief formula.*
- *What the Bach Flower Remedies are and how to use them.*
- *How the Bach Flower Remedies can help you deal with specific situations such as fear, anger, loneliness, pregnancy, childbirth, separation and divorce, and major life changes.*
- *How and when to give it to your pets. Yes, pets have emotions too!*

***You will receive free samples and make your own personal blend!  
For more information please call Brighter Day Natural Foods at  
912-236-4703***

