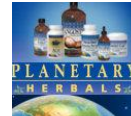




**RE-E-E-LAX...**  
 More December Sales  
 Just for You at  
**Brighter Day Natural Foods!**

Supplements - Pg. 4

**Winter Deals Continue from these Fine Companies. Look for sale signs!**



**15% Off MSRP**  
**All CBD Oil**  
**Sprays & Drops**

Serene Science Products & More



**25% Off MSRP on**

- GABA & GABA Calm • L-Theanine
- Theanine Serene • Theanine Serene with Relora • L-Tryptophan
- Hi-Stress B & C • Melatonin • Ultra-Mag



"Lavender naturally reduces tension & stress"  
**CalmAid by Nature's Way**  
 Always 20% Off



**Anti-Stress**  
 Calms  
**25% Off**  
**MSRP**

We also carry Children's Calm!



SOME OF YOUR  
 FAVORITE YOGI TEAS

**20% Off MSRP**



'Tis the Season!  
 (For stress & digestive upset)  
**25% Off MSRP on**

- Ashwagandha • Reflux Relief
- Bacopa • Calm Child • Digestive Grape Bitters • Selected Triphala



**On Sale!**

**Kids Get Stressed Too!**  
**15% Off All MSRP - All Products!**

- Chamomile Calm • Valerian Super Calm
- Astragalus • Sweet Echinacea • Willow Garlic Ear Oil • Temp Assure & More